

# 2011 What About You Walk



Gallup Park, Ann Arbor, MI  
Saturday, September 24<sup>th</sup>

Registration begins 9:00AM  
5K Run & 1 Mile Run 10:00AM  
5K Walk & 1 Mile Walk 10:30AM

## Support Your Charity of Choice!

Our goal is to help raise funds for a charity that supports a cause that touches your life. We hope that each individual, family or team will participate in the What About You Walk to the best of their ability. We're hoping to make this event the best we can, so the more contributions you raise, the more successful we'll be at achieving our goal. Thank you very much for your participation!

### Event Rules & Information

1. On event day, enter park at north entrance and follow the green balloons and event signage to staging area. Areas for parking and restrooms are indicated on the map.
2. Registration begins at 9:00AM at the Old Picnic Shelter. All participants will check in at the registration table. For teams, only the team captain is required to check in. Each participant will be given a goodie bag and bottled water. Those who register by September 10th will receive their t-shirt on event day. Those registering after September 10th will receive a t-shirt while supplies last.
3. Team captains are required to check in at the registration table with your team registration form or online confirmation, pledge forms and signed Waiver and Release Agreements for each team member. Please do not have your individual team members check in. You will be given your team's event package, including event t-shirts at that time.
4. Participants will begin their 5K Run and 1 Mile Run at 10:00AM and 5K Walk and 1 Mile Walk at 10:30AM. This event is for each and every one of us. We welcome wheelchairs and strollers!
5. 5K runners and walkers will follow the red trail making two laps to complete the 5K. 1 mile runners and walkers will follow the blue trail making 1 lap. Trails are color keyed with markers every ¼ mile along the route. Our paved, 1 mile route is wheelchair friendly.
6. Participants are encouraged to wear hats and sunscreen if it's sunny or bring rain gear if it's rainy.
7. A Free BBQ lunch will be provided to all participants, sponsors and volunteers.
8. This is a pet friendly event! Participants agree to abide by park rules including keeping all pets on a leash and our parks clean.

9. For everyone's safety and assistance, event staff will be stationed at check points throughout the 1 mile and 5K routes.
10. Participants may download a pledge sheet and start collecting pledges as soon as possible. Individuals, families and teams - there are a number of creative ways to raise money for the charity of your choice!
11. Each sponsor making a pledge should write their name and pledge amount on the pledge sheet. Please ask everyone who pledges if their employer has a matching gift fund policy.
12. Participants may collect pledges in advance but must keep pledges until all are collected. Please turn your pledges in on event day, Saturday, September 24th.
13. Participants may collect outstanding pledges after the event. Mail your pledge sheets with the funds raised to Healthy Edge LLC, PO Box 2752, Ann Arbor, MI 48106-2752 by Friday, September 30th.
14. All proceeds will be disbursed by the United Way of Washtenaw County to the charity of your choice.

**For questions or to volunteer, contact Christie Clipper at (734) 751-7618, email [info@whataboutyouwalk.com](mailto:info@whataboutyouwalk.com) or visit [www.whataboutyouwalk.com](http://www.whataboutyouwalk.com).**

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